

FELICITAS

FDDI HYDERABAD | VOLUME 13



The First ever
Avant - Garde

Where does ~~HATE~~
come from ?

El Nino de la
Navidad

UNVEILING
NATURE'S
ENIGMATIC
DANCE



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Dr. NARASIMHUGARI TEJ LOHIT REDDY, IAS

*F*elicitas has become an essential part of our college ecosystem, serving as a platform for our students to express their creativity, intellect, and ideas. Being part of the editorial team or contributing content to Felicitas provides students with practical experience in writing, editing, layout design, and online publication.

These skills are invaluable in their academic and professional pursuits. Felicitas serves as an archive of the college's history, capturing the events, achievements, and milestones of our institution.

In conclusion, Felicitas is not just a student e-magazine, it is a representation of our college's spirit, diversity, and intellectual prowess. As the Executive Director, I am proud to see how it has grown and evolved over the years, reflecting the remarkable contributions of our students and faculty. I encourage all members of our academic community to support and engage with Felicitas as it continues to play an essential role in the life of our institution ◆

Greetings
from the
*Executive
Director*

Thank you for taking your time to give it a read

Sincerely,

Dr. Narasimhugari Tej Lohit Reddy, IAS

Executive Director

About *us*



Crafted with enthusiasm and care, FDDI Hyderabad's Fashion Communication Club Melange, brings you "Felicitas"-A magazine that caters to the creative mind.

An array of topics ranging from fashion, make-up, pop culture, creative writings and musings, activities and sites to see, and more have been handpicked and presented for you to indulge in. This magazine is not only a work of dedicated design but also an innovative space that serves as an outlet and a platform for all the little wonders that go on, with the people around us, every day! ◆

*I*n this world of harsh and exhausting reality full of assignments, it is not always easy to get inspired. Your creativity and imagination might not have a limit, but sometimes things are not as smooth. With inspiring tales, surprising truths and beautiful insights on various topics, we are here to enhance the experience for you!

Here's a bite for you all. Are you keen on reading college updates? Or do you think studying about penguins is important? Whether you like to just flip through the pictures or read the corner notes too, we won't leave you out!

This 13th volume of Felicitas brings updates and information for the designer in you. The skills and facts that might be of help to you later in life. The team at Felicitas has been through countless sleepless nights for this edition to finally reach your hands (or, should I say, screens?) To all the readers who have taken time to read this, we hope you feel our sincerity.

We would also like to thank our faculty coordinator, Dr. Anupriya Singh for her guidance, support. She never failed to bring a positive influence on our team ◆

Editor's *Note*



SUDEEKSHA
RISHIKA

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Ms. Priyanshu Nigam





The First Ever *Avant - Garde*

WRITTEN BY
VANSHI METHI

Avant Garde is a French term that pushed the boundaries of creativity and revolutionized many industries like art, architecture, literature, music and most importantly fashion. The term "avant garde" refers to the cutting edge or "vanguard" of art and culture, which sets it apart from the norm. Through inventive and experimental designs, it seeks to push the limits of current standards and aesthetics in the fashion world.

Avant-garde fashion is often associated with the avant-garde art movement, which began in the late 19th century. It traces back its roots to Japanese designers and is claimed to have begun in the 1920's. Some of the most well-known originators of the avant-garde movement in fashion are Yohji Yamamoto, Rei Kawakubo and Martin Margiela.

Yohji is claimed to be one of the very few Avant Gardists who was successfully able to incorporate his avant garde style into mainstream fashion brands. The Adidas-Yohji collaboration, known as Y-3 brand, has built a new ground in fashion wear, where the designer has intertwined a non-conformist approach to his designs. While these examples represent early instances of avant-garde tendencies, it's important to note that the concept of avant-garde itself is retrospective, and the term wasn't widely used until the early 20th century. The avant-garde spirit has manifested in different forms throughout history, challenging established norms and influencing the evolution of art and culture.

Avant-garde fashion has always been one step ahead of its time. Over the years, designers chose Avant Garde as the medium to stay away from the main stream commercial fashion and create their own distinct style in clothing. While some designers worked on the silhouettes, future possibilities in fashion, few created clothing that were never understood by common audiences. Victor & Rolf, Vivienne Westwood, John Galliano and Manish Arora are few of today's contemporary Avant Garde Designers who have found a large number of clientele, including many Hollywood celebrities for their Avant Garde designs ◆

Overall, avant-garde fashion is a dynamic and evolving realm where designers have the freedom to experiment, question, and redefine the conventions of traditional clothing design.





Leaping Hurdles with *design* in Sports

WRITTEN BY
AYESHA MEHREEN

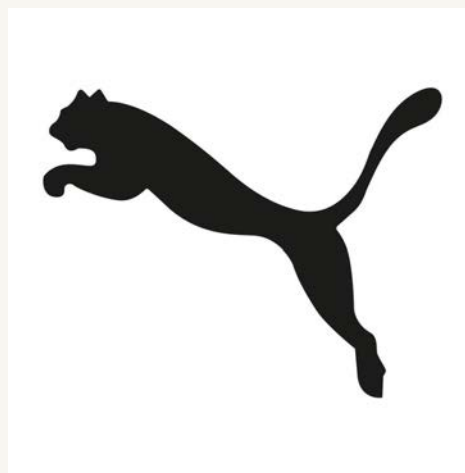
In the dynamic realm of sports, design plays a pivotal role. It is not just limited to the aesthetics of sports equipment and apparel but also extends to the performance of athletes. The continuous evolution of materials and technologies has given rise to innovative designs that not only captivate consumers but also elevate the marketability of products in a fiercely competitive landscape.

Design innovation creates an emotional bond with sports enthusiasts, sustaining existing fans and attracting new followers. There are various aspects where design is significant in the sports industry. For example, The sleek design of running shoes incorporates advanced materials like carbon fibre plates, to the optimization of power, accuracy, and manoeuvrability in sporting equipment like tennis rackets or cricket bats, every detail is meticulously crafted through computer-aided design (CAD) and virtual simulations.

*I*n the world of motorsports, from aerodynamics to chassis design, the Formula One team invests heavily in the livery design which is often reflected in the team's brand identity, sponsors, and overall aesthetics. Striking liveries can enhance a team's visibility and make them easily recognisable on the track. The race helmets are a collaborative effort between the driver and the designer to create personalised designs. The design of the other various pieces of equipment involved serves the purpose of amplifying efficiency and focusing on the marketability of the brand.

Design extends to creation of iconic sports venues. Architectural design not only influences aesthetics but also shapes functionality and atmosphere. Seating arrangements, viewing angles, accessibility, and amenities are crucial factors in enhancing the overall fan experience. Beyond physical aspects, event branding and graphic design play a pivotal role in creating a cohesive visual identity for sports organisations and tournaments.

Logos, typography, colour schemes, and marketing tools are meticulously crafted to create a powerful brand image that resonates with fans worldwide. For instance, the infamous jumping cougar, symbolises the sporting brand Puma. As we delve deeper, it becomes evident that design permeates every facet of the sports industry, contributing not only to enhanced aesthetics but also to the efficiency & marketability of brands ◆



DESIGN IN FORMULA 1 &
THE INFAMOUS PUMA LOGO



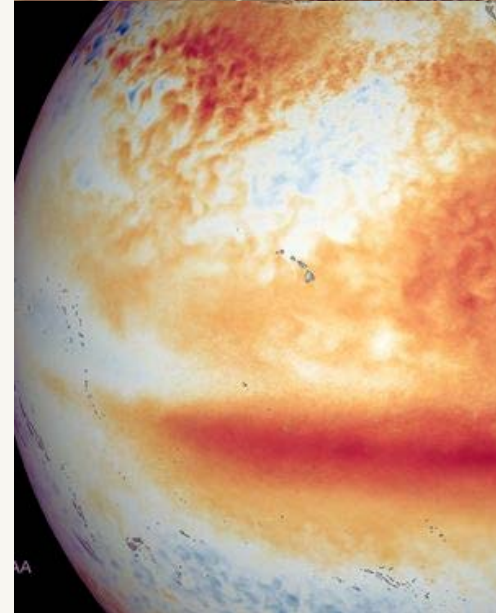
El Niño de la Navidad

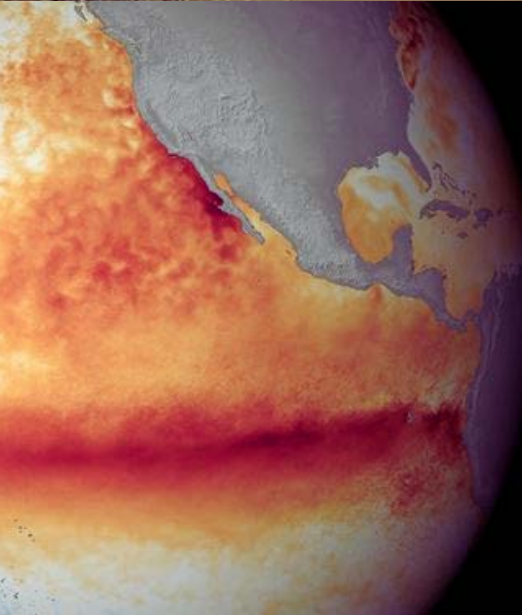
Unveiling Nature's Enigmatic Dance

Countless unanswered questions, untold stories, the existence of life and enigmatic mysteries envelop the Earth. Its behavior oscillates between the mysterious and the intriguing, leaving us eager to delve deeper into its secrets. While the Earth's rotation warms our planet through the sun's rays, intricately shaping climate patterns, our diets, and well-being, a lesser-known phenomenon unfolds beneath the surface. Unveiling this intricate dance of nature, we encounter El Niño – a climatic event that holds the power to temporarily reshape the global climate.

The Earth's atmosphere and temperature conditions undergo a lot of changes every now and then. El Niño emerges as a central player in this climatic theatre, specifically characterized by the unusual warming of surface waters in the eastern equatorial Pacific Ocean. His warming stems from disruptions in established climate patterns, casting a ripple effect on weather patterns, temperatures, precipitation, and atmospheric circulation across the globe.

During the 1890s, these periodic warm spells were noticeable in January and December, often peaking around Christmas time. Aptly dubbed "El Niño de la Navidad," which translates to "The Boy of Nativity," this climatic phenomenon captivated scientific attention.





The El Niño effect emerges due to changes in the ocean-atmosphere interactions in the equatorial Pacific region. It is characterized by the periodic warming and cooling of sea surface temperatures in the central and eastern Pacific Ocean.

Trade winds, normally blowing from east to west along the equator, pushes warm surface waters toward the western Pacific. The weakening or reversal of these winds during El Niño disrupts the east-to-west flow of surface waters. This disruption hinders the essential upwelling process, which sustains aquatic life and fisheries in the eastern Pacific region. The accumulation of warm waters triggers significant surface temperature increases, setting in motion a cascade of global weather pattern shifts. Due to the accumulation of Warm Water significant warming of sea surface temperatures in those regions happens. The far-reaching consequences of El Niño are felt across the globe. From increased rainfall and flooding in regions such as Peru and California to droughts in Australia and Indonesia, El Niño's touch is both profound and diverse. Agricultural landscapes sway under its influence, with altered precipitation patterns affecting crop yields, water availability, and overall productivity.

It is important to recognize that while we can harness our knowledge and technology to prepare for El Niño's impact, we cannot stop its natural occurrence. Instead, efforts are directed toward managing and mitigating its effects. Listed below are several strategies that can be followed:

1. Early Warning Systems: Governments and meteorological agencies can let people know about the situation beforehand by establishing early warning systems to monitor ocean and atmospheric conditions that may indicate the development of El Niño. This empowers communities to prepare for potential impacts and take preventative measures.
2. Climate Adaptation: By developing and implementing climate adaptation strategies, communities become more resilient to the impacts of El Niño and other extreme weather events. These strategies may include water management plans, disaster preparedness, and adaptable agricultural practices
3. Research and Understanding: Continued research into El Niño and its impacts deepens our comprehension of this phenomenon. Such understanding lays the foundation for devising effective strategies to manage its effects.

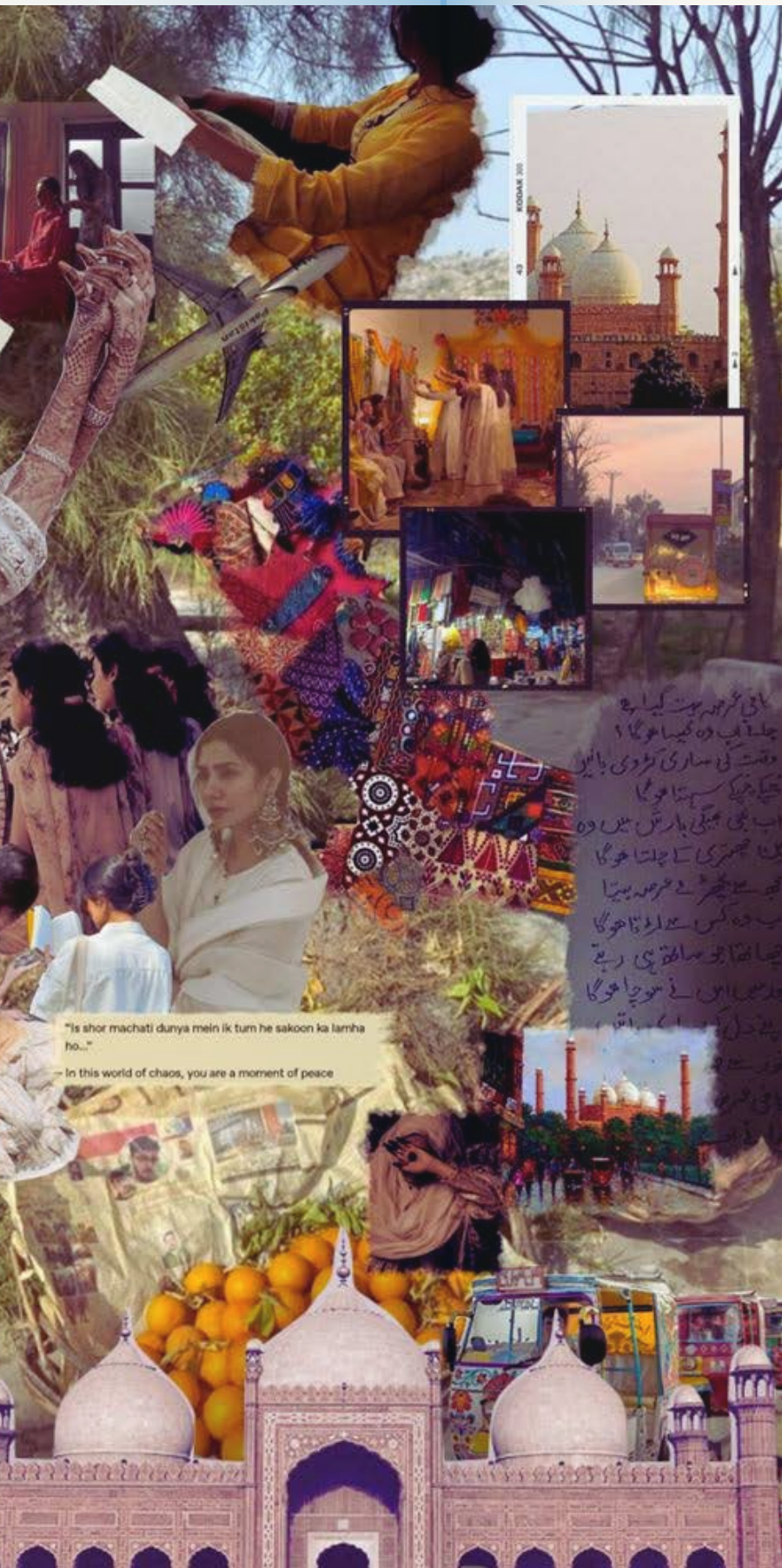
समाज

—
WRITTEN BY
PRIYANSHU NIGAM

सागर सा फैला है विशाल,
लोगों से बनता है समाज |
कुछ नई -बुरी बातें समाज'
करवाता है हर घड़ी बवाल|
हाय रे समाज, हाय रे समाज|
तुम ये ना करो ,तुम वो ना करो,
तुम यही करते रह जाओगे|
कहता है हमको ये समाज,
हाय रे समाज, हाय रे समाज |

हर एक समाज का एक ही चाह
लोगों को करना है उदास
अपना लो चाहे साम- दाम
पर वह प्रथम ना आने पाए|
हर एक समाज का नारा है
उसको कैसे भी गिराना है
कटु वचन बाढ़ का एक धाव
उसके सीने के आर- पार
जब तक वह मान न जाए हार
करते रहो ऐसे प्रहार|

बस बहुत हुआ ,अब साँस लो,
अपनी धारणा ,को बदलाव दो
अनुचित -उचित में ,परखाओ दो
अपनी सोच को एक नई राह दो |



College *Activities*

STYLE QUEST:

Ms Lubna Hussain

RIVALRY OF BRUSHES :

Ms Lubna Hussain

BEYOND PIXELS :

Ms Lubna Hussain

EDUCATIONAL VISIT BY THE
STUDENTS OF LLPD:

Ms Mrudula Sambrey



Style Quest

The spotlight recently shifted to the world of fashion and personal expression as our college played host to the much-anticipated Styling Competition. Organized by the college magazine, this event was a celebration of creativity, innovation, and the unique flair that students bring to the art of personal style.

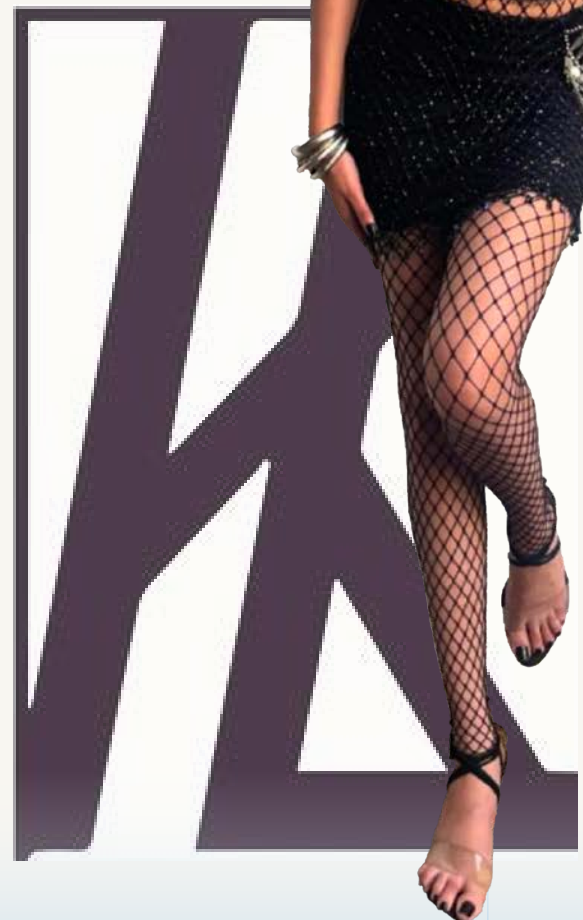
Recognizing the diversity of fashion preferences, the competition featured categories ranging from “FUSION FALMES”- CHOOSE Two Cultures and Style It As A Cohesive Wearable and “GOTHIC REVERIE”- Gothic Look.

This ensured that participants could explore and showcase their styling prowess in areas that resonated with their personal taste, making the event an inclusive platform for all fashion enthusiasts. Beyond the glitz and glamour, the Styling Competition fostered a sense of community among fashion enthusiasts within the college. Participants exchanged style tips, shared favourite brands, and formed Connections based on their mutual love for fashion, creating a network that extends beyond the event.

The competition encouraged participants to embrace diversity in fashion, celebrating various styles, cultures, and influences. Whether it was a fusion of traditional and modern elements or a bold experiment with colours and textures, each entry contributed to the rich tapestry of styles on display.



THE WINNING
LOOK BY
PRATYKSHA MISHRA



THEME
Gothic
Reverie



THE WINNING
LOOK BY
AKASH SIVODAS



THE WINNING
LOOK BY
SUNIDHI BHANDARKAR






Rivalry of *Brushes*

*I*n a world where self-expression takes centre stage, the art of makeup has evolved into a powerful form of creativity and personal identity. The campus recently witnessed a burst of creativity and colour as students came together to participate in the highly anticipated Makeup Competition

Organized by the college magazine, To celebrate the diverse talents within our college a platform where students can showcase their skills, passion, and unique artistic flair in the realm of cosmetics. Participants unleashed their creativity, using brushes and palettes as tools to transform faces into canvases. The event truly reflected the boundless possibilities that makeup offers for self-expression.

The event emphasized the celebration of diversity, encouraging participants to explore makeup as a means of challenging conventional beauty norms. Every entry embraced individuality, showcasing the unique ways in which makeup can empower individuals to express themselves authentically.

As the vibrant colours of the event fade into cherished memories, the college magazine looks forward to more such initiatives that spotlight the kaleidoscope of talents within our student community. Here's to the artistry, expression, and boundless creativity that flourished on our campus through the Makeup Competition!



THE WINNING
LOOK BY
SANJANA KOLI

Beyond *Pixels*

Team Felicitas orchestrated a captivating Photography Competition, inviting both students and faculty to showcase their prowess in visual storytelling and nurture their creative spirit. This competition encourages participants to let their lenses articulate narratives & illuminate the world through their unique perspectives. Lets take a look at the winning entries !

Shreya Sanoj

FRAMES CAPTURED

As I stood on the shoreline, entranced by the rhythmic dance of waves, a profound desire to immortalize the essence and emotions of that fleeting moment stirred within me. With each inhale of tranquility, I commenced capturing frames, intricately weaving together the nuanced tapestry of people's lives and their surroundings.

The camera shutter clicked at various times, on different days, each frame a carefully curated snapshot of serenity. It was in those instances of profound calm and shared peace that I framed not just images, but the simple, nuanced moments that encapsulated the beauty of life. From the soft glow of dawn to the warm hues of dusk, these snapshots became a visual narrative, a testament to the profound joy found in the intricacies of shared happiness.





The *world* sees you



The *Sharing Plates*



The *She* portrait



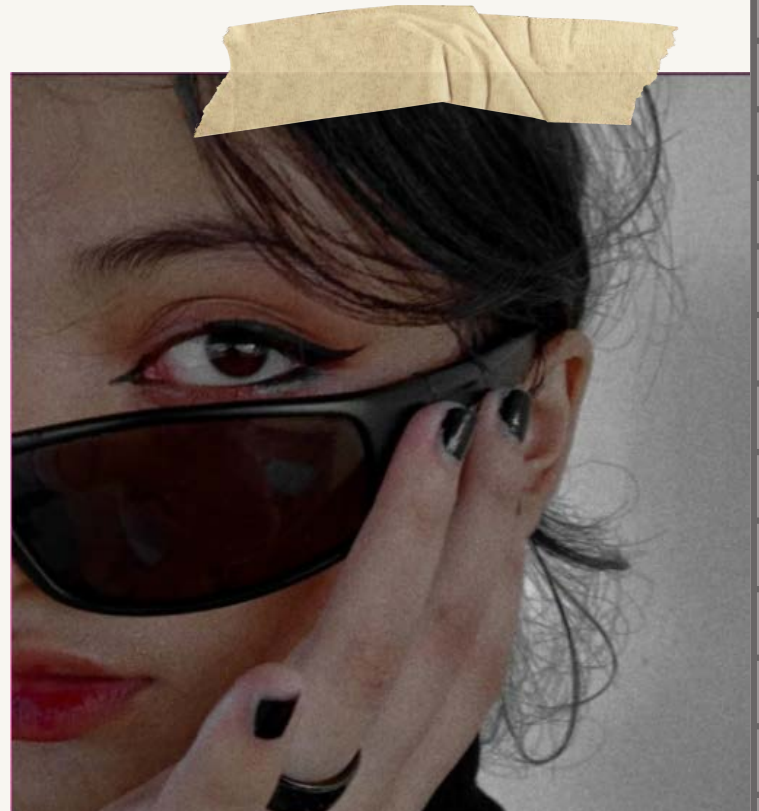
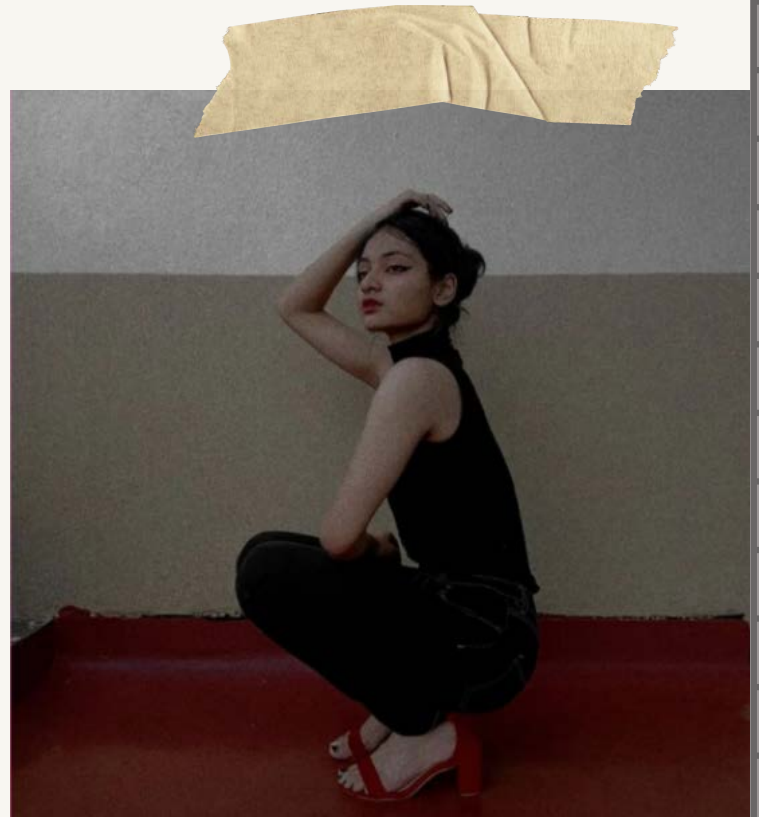
The *Light Attractor*

Winning Entries

Sanjana Srivastava

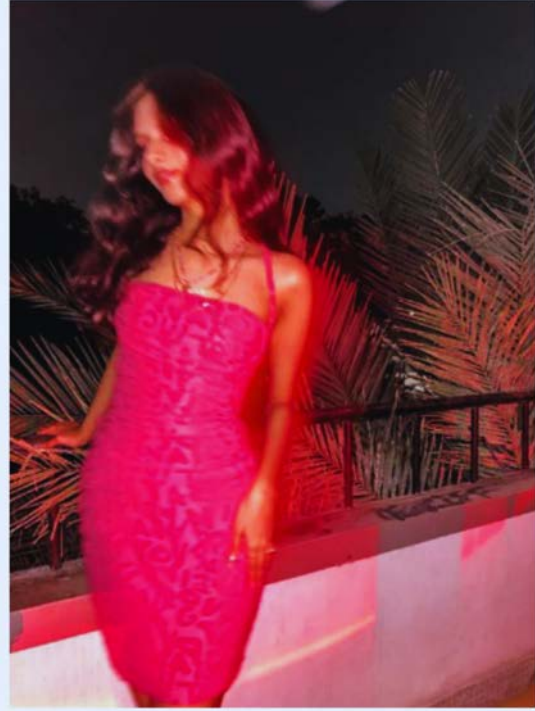
EMPOWEREMENT THROUGH COLOURS

This photo series draws inspiration from recent comments made during the Golden Globes about the Barbie movie. Although meant as a joke, it made me think about how women are often judged based on their appearance. These photos aim to break stereotypes by showing that women, whether in pink or black, can be powerful and confident. A woman can be soft in a pink dress and classy in black, challenging the notion that certain colors define strength or weakness. It's about embracing individuality and letting women define themselves. The message echoes the movie's theme: "Because Barbie can be anything, women can be anything."





Women in *Black*



Women in *Pink*



Women in *Pink*



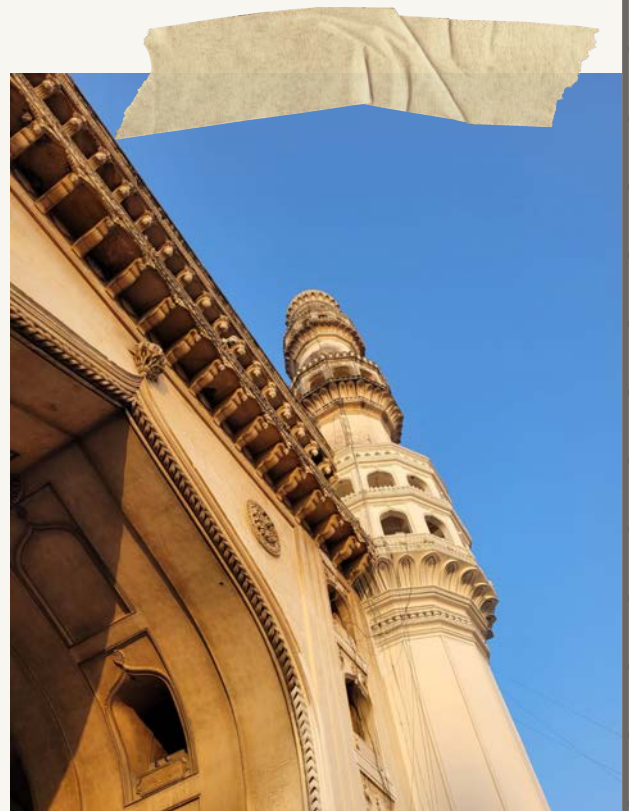
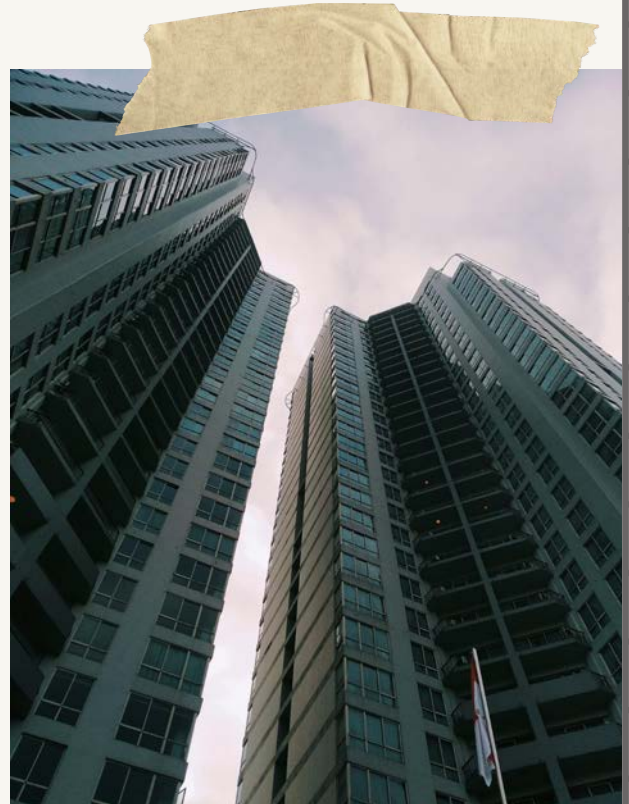
Women in *Pink*

Winning Entries

Shweta Agrawal

MOTIVATION

This poignant photo series serves as a source of inspiration, specifically crafted to uplift the spirits of a dear friend who has been grappling with sadness and demotivation in recent days. Each image in this collection is a visual narrative designed to resonate with those experiencing feelings of sadness or depression, conveying a powerful message that underscores the significance of perseverance and patience. The primary intention behind capturing these moments is to remind individuals that, even in challenging times, everything unfolds in its own time – a poignant reassurance to never give up on the journey towards brighter days.





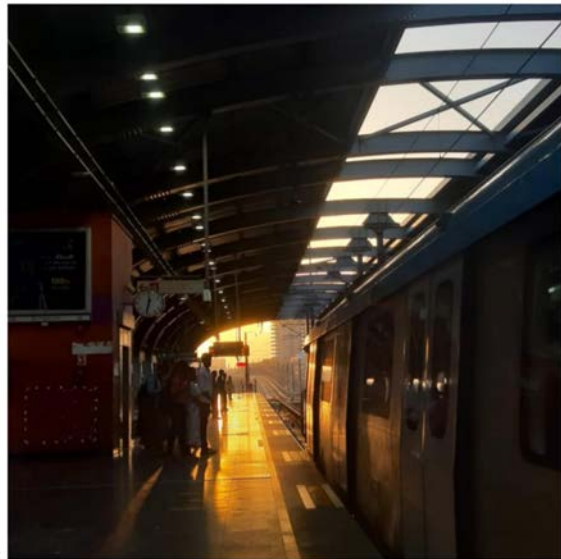
The poetry of earth
is never *Dead*



Meet me Where the
Sky touches the sea



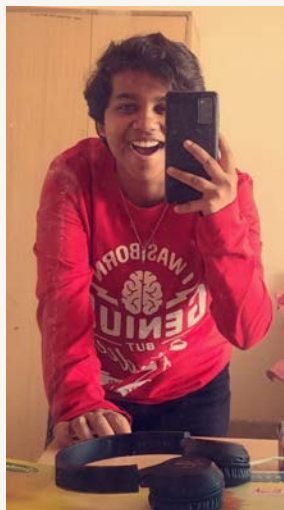
Flames of *Passion*



~~Destination~~ *Company*

Winning Entries

Victory Wall



Shweta Agrawal



Shreya Sanoj



Sanjana Srivastava

BEYOND PIXELS



Sanjana Kholi

RIVARLY OF BRUSHES



Sunidhi Bhandarkar



Pratyksha Mishra



Akash Sivodas

STYLE QUEST

News *Bite*

STUDENT CORNER

FASHION SHOW

SMART WEARABLE SOLAR FOOTWEAR

PERSONALIZED FOOTWEAR FOR MOBILITY
AND REHABILITATION IN LLD



Applications of Smart Wearable Solar Footwear for *Energy Storage Solutions & Sustainability*

Ms. Smrithi Nair, Ms. Liyana , Ms. Himani Tiwari, Ms. Anila Sasi.

The fashion industry continually seeks innovative designs that seamlessly integrate technology trends. The convergence of technology and fashion has given rise to smart devices, ranging from accessories to clothing, designed for both functionality and aesthetics. Smart wearables, worn on the body, have gained popularity for their convenience and multifunctionality, contributing to an increased demand for energy resources to power them.

The research delves into the energy requirements of small devices like smartphones and smartwatches. It categorizes energy sources into non-renewable and renewable, emphasizing the growing importance of sustainable energy. Renewable energy, derived from sources like solar, hydro, tidal, wind, geothermal, and biomass, proves crucial in addressing the global energy landscape challenges.

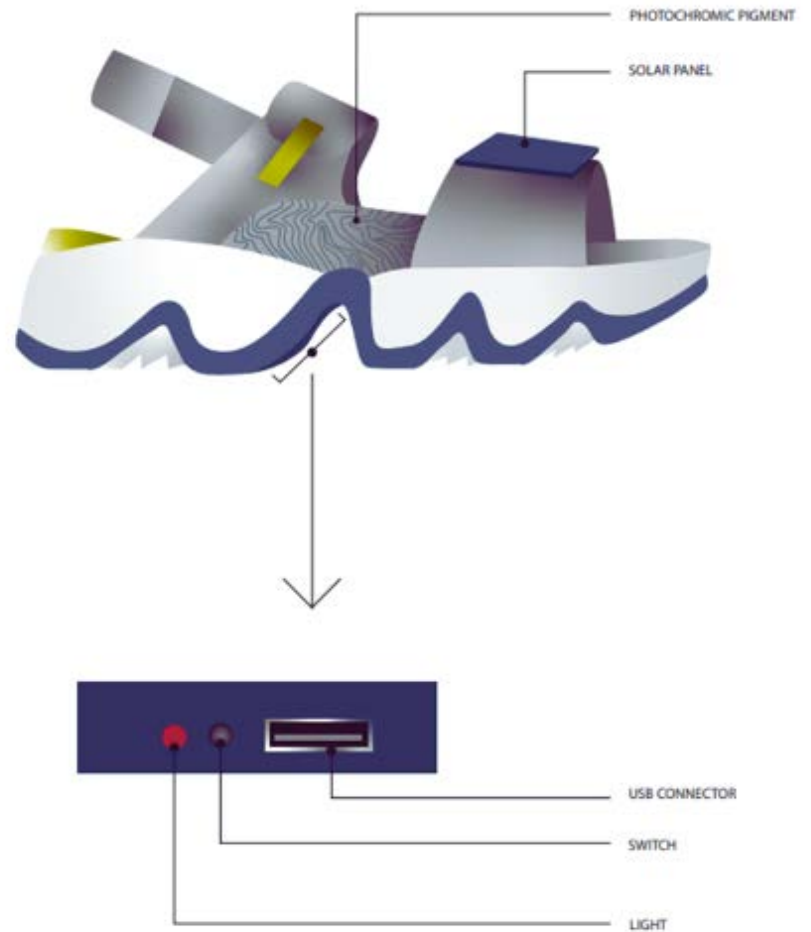
While renewable energy sources are abundant, the focus shifts to sustainable energy that ensures current operations without compromising future generations' needs or climate. The proposal explores sustainable energy forms, such as bio-fuel cells, thermoelectric generators, and solar energy, particularly suitable for powering wearable electronic devices.

The study highlights the conversion of mechanical energy into electrical energy through tribo-electricity, piezoelectricity, and electromagnetic energy harvesters. These mechanisms offer potential solutions for harvesting energy during human motion, contributing to the development of self-powered wearables.

Solar-Powered Footwear:

The proposal originated from identifying issues in the smart wearable sector, specifically in the footwear industry. The team conceptualized a solution by developing solar-powered footwear for energy storage. The footwear serves as a practical and functional backup power source for charging devices during emergencies, seamlessly integrating sustainability with everyday convenience.

CONCEPT DESIGN



PROTOTYPE - 1

Prototype Development:

The team brainstormed ideas, refining them into a solar-powered footwear design. The most functional concepts were selected for the fabrication of the initial prototype, showcasing the potential for practical application.

The proposal presents a holistic solution addressing energy storage challenges in smart wearables. The solar-powered footwear not only ensures sustainability but also seamlessly integrates into everyday use. Its advantage lies in accessibility, especially in tropical regions like India, where exposure to sunlight is abundant. The proposal aims to enhance the functionality of smart footwear while preserving its aesthetic qualities.

Enhanced Personalized Footwear for Mobility & Rehabilitation in *Limb Length Discrepancy*

Mr. Bijin Samuel Roy, Ms. Grace Francis, Mr. Rohith N, Mr. Kartik Siva, Mr. Abdul Rahuman M

Limb Length Discrepancy (LLD) presents a multifaceted challenge, impacting daily activities due to one limb being shorter than its counterpart. This paper explores the origins, causes, and challenges associated with LLD, emphasizing the need for tailored interventions. A promising solution is the development of specialized footwear leveraging modern technologies to transform daily life.

The paper addresses the challenges faced by individuals with Limb Length Discrepancy (LLD). Recognizing that those with more than a 2cm difference in leg lengths encounter significant hurdles in daily life, this product aims to leverage modern technologies for transformative impact. By focusing on the unique needs of individuals with LLD, this footwear not only assists in daily activities but also prioritizes comfort, aiming to improve their overall quality of life.

Utilizing a 3D scanning machine, a detailed view of the foot is obtained in Computer-Aided Design (CAD), enabling the creation or alteration of a design tailored to each individual. Following the finalization of the design, patterns are generated using CAD, meticulously inspected for alignment, and then traced onto materials. The subsequent cutting process is carried out with precision using appropriate tools, with components carefully pasted and stitched to form the upper. The innovative use of 3D scanning allows for customization, ensuring a perfect fit for each wearer. Notably, the highlight of the product lies in its 3D-printed sole, contributing to lightweight comfort.

The Prototype :

It is crafted with wood for sturdiness, leather for comfort, and other elements such as nails, adhesive, and laces for design. Meticulous steps involve pattern creation, cutting, pasting, stitching, and attaching the upper to the sole. A rubber sheet for the outsole enhances traction. The final product undergoes thorough cleaning and finishing procedures, resulting in a customized, comfortable solution for LLD challenges.

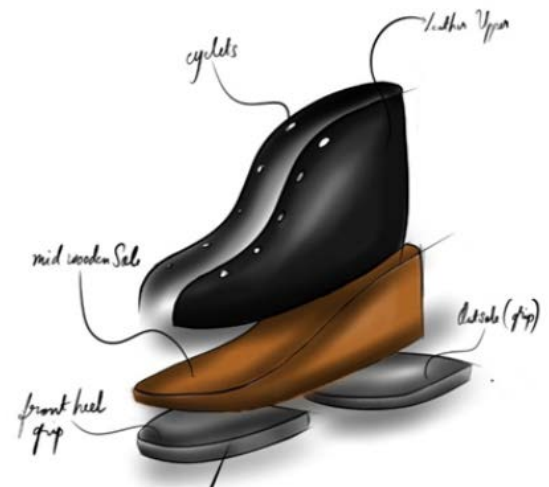
User Feedback:

Evaluation from Mr. MOHD JABEER, an individual with LLD, highlights significant comfort with the prototype after a two-week trial. His suggestions for enhancements underscore the iterative nature of product development, emphasizing user experience. This feedback-driven approach ensures that the technology-enhanced footwear not only meets functional requirements but also aligns with diverse user needs.

Conclusion:

The study demonstrates the potential efficacy of technology-enhanced footwear in addressing LLD challenges, with user satisfaction and comfort being integral factors. Ongoing iterations and refinements based on user feedback are crucial to shaping innovative solutions that cater to the diverse needs and preferences of individuals facing LLD.

ROOT CAUSE FOR INDIVIDUAL WITH LLD



CRAFTING EXCELLENCE IN MATERIALS AND DESIGN



Educational *Visit* by the students of LLPD

The students of LLPD batch 2022 visited the FDDI Kolkata Campus in December 2024. This 11-day trip was meticulously organized to provide students with industrial exposure and tannery training, spanning from December 9th to December 20th. Each day was dedicated to exploring various facets of the Leather Complex.

COE Building Visit: Situated in the Leather Complex, FDDI's Kolkata Campus offers unparalleled exposure to the industry. The Centre of Excellence (CoE) building in the campus boasts an array of cutting edge machines dedicated to leather manufacturing. From leather printing and embossing to spray painting, belt punching, trimming machine, and automated stitching machine, the facilities are equipped for a comprehensive learning experience.





As a part of their training, students visited the tannery daily, focusing on observation, questioning, and learning. The staff working in the tannery assisted students throughout the training.

The leather tanning processes like-Liming, Fleshing, Shredding, Fat Liquoring, Toggling, Hand Padding, Milling etc. were observed. Students had the opportunity to interact with the experienced producers of the leather industry, gaining insights into leather types and dye chemical specifications

Tannery *Visit*

During the visit, the faculties provided a vivid demonstration of each machine, showcasing their functionality and advanced technology. The labs, maintained at specific temperatures, ensured optimal conditions for the hands-on experience. Students also had the opportunity to operate select machinery under guided supervision, enhancing their understanding of the product-making process.



Manufacturing Unit

Continuing the exploration, students visited two manufacturing units. The first, ASG Leather Manufacturing Company, stood out for adopting the LEAN system, emphasising work efficiency and professionalism. The LEAN system focuses on assigning one task to one person, creating a streamlined chain that completes the product by the last person—an approach rarely seen in India. The managers openly guided the students through the whole process.

ASG



The second manufacturing unit produced bags for a foreign brand. This unit operated on the GROUP system, where every group had an assigned target, without deciding the exact job of every individual. This system is common in India. The building was divided into different sections of production like 'Cutting Dept.' 'Manufacturing Dept.' 'Checking and Packaging Dept.' Etc. Every floor was dedicated to one process.



Kolkata City Visit

In the city of stories, Kolkata, students were treated to a symphony of experiences. The main attractions were :

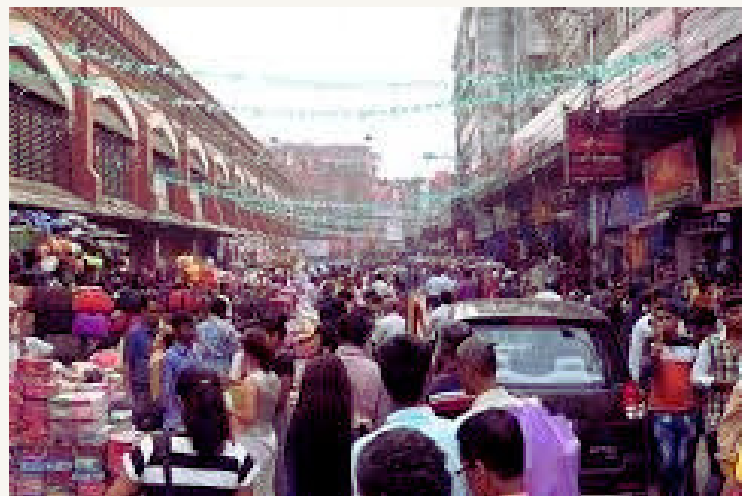
1. The Victoria Memorial- A stunning monument characterised by symmetric construction on all four sides. The interior hosted a painting exhibition featuring works of Abanindranath Tagore. The monument was surrounded by a vast green garden on all sides.



2. Howrah Bridge- An enormous wire bridge which serves as a welcome sight for visitors. Surrounded by loads of boating businesses this bridge stands across the Hooghly River, adding to the vibrant atmosphere of Kolkata



3. The Local Market- The bustling street life of Kolkata during winter is a thrilling experience. In addition to leather, the markets showcase soft Kolkata jute sarees and delicious Rosogullas, creating irresistible attractions.



The thrill of exploring Kolkata during winter wasn't just about the temperature; it left the students with the warmest of memories.



STUDENT CORNER

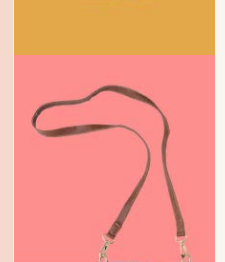
The *Dainty* Batch



By Madhavi LGAD 2020

“The concept of my collection draws inspiration from the whimsical, meticulously curated, and nostalgic worlds of Wes Anderson in his films”

It aims to capture the unique visual language of Anderson’s cinema blending vintage charm, symmetry and quirky character personalities with modern, wearable pieces. I have explored different shapes and symmetrical design aspects for this collection.



Hidden Gems

By Riya Srivastava LGAD 2020

“I wanted to dedicate the revealing the unnoticed treasures in our daily lives. These often-overlooked elements, from traffic cones to garlic, switch board to cement each hold significant influence and are celebrated through various mediums like photography, art installations, and more”



The mission is to inspire wonder, regardless of age or background, urging viewers to find the extraordinary in the ordinary. Our timeline, budget, and evaluation align with our chosen medium, ensuring we leave a lasting impression and spark new perspectives on the world, celebrating the beauty and significance of these hidden gems all around us.



Fashion Show

HRITHIKA AGARWAL (FD 2020)
TANYA MAHESHWARI (FD 2020)



In the vibrant world of college life, where lectures, assignments, and exams dominate the schedule, a group of enterprising students decided to add a dash of glamour to their academic journey. Beyond the confines of campus walls, these budding fashionistas took their passion for style and creativity to new heights by independently organizing and participating in a thrilling fashion show competition.





Breaking away from the safety net of college-sponsored events, the students navigated the challenges of OGS Wonderland. The participating students embraced inclusivity, showcasing designs that catered to a spectrum of body types, cultures, and styles. This commitment to diversity not only resonated with the audience but also set the tone for a fashion show that went beyond superficial aesthetics. Participated students.



Personal *Growth*

WHERE DOES HATE COME FROM :

Ms. Lubna Hussain

WHERE DOES HATE COME FROM :

Ms V. Sharvani



Where Does *Hate* come from ?

SYEDALUBNAHUSSAIN

~~HATE~~

a powerful and destructive emotion, it is a learned response rather than an innate human trait. It is a complex emotion that often comes from deep-seated fears, insecurities, mistrust, negative experiences and inner pain.

Hate frequently finds its roots in the heat of fear, insecurity, and mistrust. When individuals feel threatened, uncertain about their place in the world, or distrustful of others, they may begin to harbour feelings of hatred as a protective mechanism.

One of the most disturbing aspects of hatred is its capacity to dehumanize it enables individuals to rationalize their original personality, feelings & actions toward others, deepening the hatred.

Hatred often arises as a response to and a distraction from inner pain. Individuals may redirect their emotional situation outward by targeting others, avoiding to face their own circumstances using hatred as a coping mechanism.



It is essential to differentiate hatred as a learned emotion and not a reactive one. While some emotions are immediate responses to impulsive reaction, hatred is often developed over time through experiences and influences.

Various ways of managing hatred can be achieved through various strategies:

- Gratitude: developing gratitude can shift focus away from negativity, fostering a more positive outlook on life.



- Forgiveness: Letting go of grudges and forgiving those who have wronged us can lead to inner peace and reduce the intensity of hatred.

- Acceptance: Accepting reality as it is, rather than dwelling on grievances, can help individuals move forward and relinquish their attachment to hatred.

In conclusion :

Hatred is a complex emotion that is not inherent but is acquired through a range of psychological and personal experiences and factors. Understanding where it comes from and the impact it holds is vital for fostering empathy, tolerance, and ultimately a more harmonious and mentally relaxed life.

By addressing the root causes of hatred and adopting the right steps to achieve peace and aptitude of forgiveness, individuals can work towards a world where hatred finds little room to flourish.



Negative Thinking is Bad. *I Think Not!*

V.Sharvani (FD 2022 batch)

“When embraced and accepted, negative emotions can be a powerful catalyst to positive change in one's life and can lead to deeper feelings of meaning and authenticity”. Note: by “negative thinking”, I do not mean negativity. “Negativity” involves a habitual attitude of anger, cynicism, and helplessness. Negative thinking in contrast means the ability to see the potential dark side of people, ideas and things, so as to respond to them in a realistic and self protective manner. It is a fact known to everyone that people have more negative thoughts rather than positive ones. But is having negative thoughts really bad, is it really negative?

IS IT THE NAME OF NEGATIVE THOUGHTS THAT MAKE IT NEGATIVE?

Be it the first day of college, school, work or submitting assignments, etc. everyone has negative thoughts but people should try to embrace these thoughts and try to control them, by controlling them you can make the most out of your negative thoughts. “I myself keep having negative thoughts while submitting my assignments or while preparing for my exams but I have tried to control those emotions which have helped me in being a better person. Whenever I have these negative thoughts they help me in rechecking my work again before submitting them and during exams help me in rechecking my revision once again.

POSITIVITIES OF
NEGATIVE THINKING

Just because the name is negative does it always mean that it's a bad thing, weren't people happy when they got negative results during these past two years for coronavirus? Is it the name of negative thoughts that make it negative? No, it's the way we try to see them. As long as we see them as a way to improve ourselves they cannot be called negative. POSITIVITIES OF NEGATIVE THINKING ARE:

- Ok imagine this situation- "you are going to your neighbour's house just for a minute so you do not lock the door thinking that you live in a safe neighbourhood. It's shameful and scary that in our society we have to think about personal safety at every moment. But if you use negative thinking rather than wishful thinking, you are most likely to stay alert to danger.
- "Nowadays we see people who go rowing or paddling at tourist destinations not wearing life jackets all for the sake of their selfies not looking good".



So, Negative thinking mostly helps us in envisioning the worst thing that could happen and often helps us in preventing it.

- "Okay you and your friends have gone to a place for some drinks and you meet friendly people there, but are you absolutely sure that your new friend is not a serial killer!!". In this case, negative thinking helps you to set boundaries with people and most importantly will help you to avoid scammers and other criminals!!
- "Try to use your negative thinking and adopt this motto: When in doubt, wait". Although negative thinking slows down your decision-making process it will in turn allow you to make more thoughtful choices.
- It also helps you to look at yourself and others more realistically, Didn't understand, here is an example: "This is a useful tip to those who are making themselves miserable by idealizing their former lover: write negative qualities of that person and keep it in your phone and look at it, your broken heart will definitely heal". In conclusion "I would like to say one sentence, keep thinking about these negative things and change yourself to be a better person".



For more updates visit to our instagram page

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