

# FDDI NEWSLETTER

Be Ambitious.  
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Institution of National Importance (INI)  
under FDDI Act, 2017

A Weekly Newsletter  
साप्ताहिक समाचारपत्रिका

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NOIDA

13<sup>th</sup> November 2020

Issue No. 797

## Workshop on 'Personal Effectiveness' conducted at FDDI, NOIDA

An interactive workshop on 'Personal Effectiveness' was organized by HR-HQ, NOIDA at the Seminar Hall of Footwear Design & Development Institute (FDDI), NOIDA campus on 03<sup>rd</sup> November 2020.



Mr. Anil Kumar, Advisor - HR, FDDI delivering the 'Welcome Address'

The workshop was organized with an objective to enhance the interpersonal skills and improving working relationships of the employees within the organization.

The session was conducted by Dr. Ranjana Mittal, who is a renowned trainer having 30 years of training experience. Currently she is working as AGM Regional Learning Institute

(RLI), NTPC, Dadri. She has also been associated with NTPC-PMI for 15 years. She has done MBA, Ph.D., Accredited MBTI & FIRO -B Trainer. She was adjudged as one of the best young trainer by Indian Society for Training & Development (ISTD).

Delivering the 'Welcome Address', Mr. Anil Kumar, Advisor - HR, FDDI said "Today's workshop has been organized with the objective to develop skills that are linked to success, goals and positivity in our employees besides being competent to cope with the basic challenges of life and being worthy of happiness."



Dr. Ranjana Mittal conducting the session

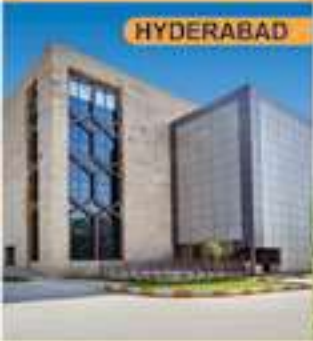
During the workshop, Dr. Ranjana Mittal said, "In the contemporary

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world, it is vital to understand and to improve ones' working relationships with their team members."

Dr. Ranjana further said, "Developing personal effectiveness is an opportunity for self-reflection and assessment of individual ways of operating. Personal effectiveness requires a level of responsibility necessary to honestly approach the new learning that leads to a change in an individual performance."

The interactive and valuable workshop was attended by around forty employee of the Institute who participated with full zeal.

## Virtual workshop on 'Portfolio Development' organized by FDDI, Banur

A virtual workshop on 'Portfolio Development' was organized by the School of Leather Goods & Accessories Design of Footwear Design & Development Institute (FDDI), Banur campus on 31<sup>st</sup> October, 2020.

The purpose of the virtual workshop was to provide technical inputs to the students for enhancing their portfolio development techniques which

will help them in expressing and translating their product designs & creative thoughts in view of the current prevailing COVID-19 pandemic.



Resource person briefing about the 'Design Process' in 'Portfolio Development'

Ms. Sonal Gadhavi and Ms. Bhawna Sudhir were the resource persons for this virtual workshop who shared their knowledge and expertise through PowerPoint lectures.

Ms. Sonal Gadhavi is professionally a Fashion Designer who has been working with the top-notch fashion brands in New York City for over 12 years. She is also a published illustrator for children's storybook on Mindfulness & Yoga. She serves as an 'Art Commissioner' of Woodbridge Township of New Jersey, USA.

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Ms. Sonal Gadhavi briefed the students about the format for portfolio development. She also explained about the format, intricacies for making an industry specific portfolio, focusing on current industry requirements and the importance of design process.

## Webinar on 'Life Skills - A key to success through Positive Mind Programming and Self Image Building' held at FDDI, Chhindwara campus

A webinar on 'Life Skills - A key to success through Positive Mind



Resource person briefing about the 'Tech Pack' in 'Portfolio Development'

The session was also accompanied by Ms. Bhawna Sudhir, an industry expert teacher from Fashion Institute of Technology, New York. Ms. Bhawna, a former Home Goods and Accessories Industry professional with LI & Fung, India, provided insight on making an ideal portfolio.

The tips and tricks to develop a portfolio, provided during the virtual workshop will help the students in making their work truly inspirational in print and digital format.

Programming and Self Image Building' was held at Footwear Design & Development Institute (FDDI), Chhindwara campus on 29th October, 2020.

It was organized by School of Retail & Fashion Merchandise of FDDI Chhindwara campus that addressed the importance of overall physical and mental well-being especially in the present COVID-19 pandemic crisis.



Ms. Chander Jyoti - Life Coach and Motivational Speaker

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The webinar was conducted by Ms. Chander Jyoti - Life Coach and Motivational Speaker who is a certified Meditation Master / Life in Relationship Advisor / Neuro Linguistic Programming Counsellor working as a Counseling Advisor for last 10 years.

was held in an interactive and fun way that helped the participants to learn skills and enhance their awareness about mindset and how it impacts our life.

The webinar was attended by approximately 130 participants



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including students, faculty members and staff members across 12 campuses of FDDI and from other institutions

and industry persons. The event was watched by many on Facebook Live on 'FDDI Chhindwara' Facebook page.

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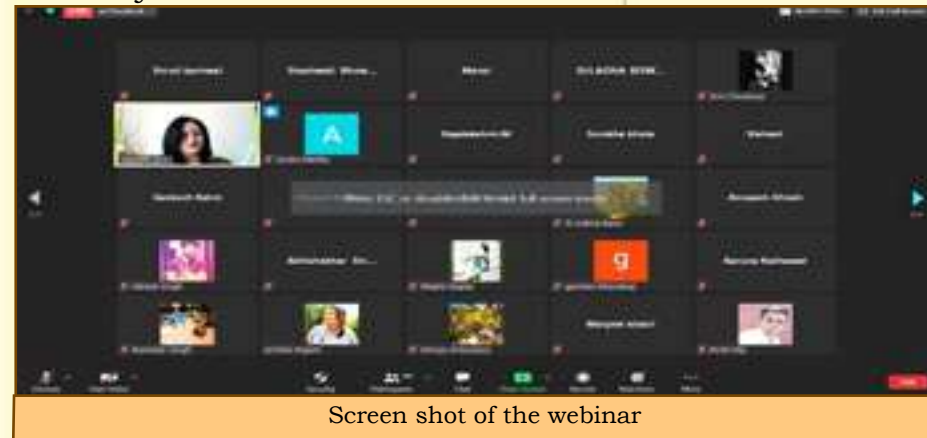
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Screen shot of the webinar

During the webinar, Ms. Chander Jyoti elaborated on various aspects and concepts of Life Skills like - Personal Growth, Positive Mind Programming & Re-programming, Self Image Improvement, Procrastination & Time Management, Self Discipline, Smart Work, Skill Development, Meditation, Subconscious Mind & SelfTalk, Power of Visualization, Source of Positive & Negative Thoughts, Body & Mind Connection and Anger Management through identification & response to triggers.

The webinar which included 'Powerful Visualization Exercise'